



# "Nilandrus" *Newsletter*

December 2020-June 2021



**GOVERNMENT DEGREE COLLEGE BIJBEHARA**

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- Strive to produce competent human resource for various sectors through effective teaching, learning and developmental process.



- Strive towards providing quality education in various branches of knowledge for creating an integrated social fabric.
- Strive to develop better moral values among the youth aimed at building a strong and viable society through effective involvement of the stake holders.

**Patron**

**Prof. Nighat Fatima**

**Principal**

**Convener/Editor**

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**Tanveer Ahmad Wani (LFE)**

## *From Principal's Desk*

Education is a lifelong learning process and our mission in GDC Bijbehara is to provide an uninterrupted learning environment to our students through curricular and extra-curricular activities in offline and online mode. Covid-19 restrictions could not stop our students from learning and growing. We introduced innovative, effective and smart methodologies to encourage our students to develop critical thinking, enhance their speaking and listening skills and to ensure their overall growth. GDC Bijbehara, one of the premier institutions of South Kashmir, has been offering exclusively quality education to our students. Here students are nurtured to be confident, enthusiastic and innovative. They are encouraged to be inquisitive and open minded.



The College has progressed by leaps and bounds since its inception in 2005. Our journey, after being awarded Grade 'B' by NAAC in 2019 has been fantastic, as we grew higher on the ladder of success. Our resilient and dedicated teachers have not only been taking care of online classes during these challenging times but also engaging the students in other activities in both offline and online mode from time to time. This year apart from conducting several workshops, webinars, seminars, conferences and competitions, we came up with an innovative idea of organizing Extension Lecture Series beyond routine Online Lectures, wherein we roped in various subject experts who delivered lectures on various subject related topics and other relevant issues that the world is facing today - which were of interdisciplinary and interactive nature. Besides, in offline mode we conducted several drives, including a Vaccination Awareness Drive, Plantation Drive, Road Safety Drive etc., in addition to organizing several subject tours to give first-hand knowledge to our students. While the Coronavirus has put a hold on in-person education, a more affordable knowledge has been given to our students on various subjects, besides curriculum based, than the in-person alternative-making them productive and efficient and promoting better social, cultural and intellectual aspects among them, while sitting at home. The College ensures that students acquire an international outlook to make them future leaders and therefore, make a difference to the world. The faculty is always on hand to offer support and advice whether with academics or other areas. In this newsletter, you will see the evidence of the outstanding performance of teachers as well as students. The continuous and wide range of activities, as reflected in this issue of Newsletter, gives me a sense of pride that our faculty nurtures our students to be confident and active. Education is not to be confined within the walls of the classroom, it is to create cultured, developed and compassionate human minds with efficient working skills. Let the options be open for every student to acquire skills, to learn to analyze critically and be able to be creative, because learning is a continuous and unending process. Hope the legacy of success established in GDC Bijbehara by building the strong relationship with parents, students, staff and other stakeholders will continue.

**Prof. Nighat Fatima**

Principal,  
Government Degree College Bijbehara

## Message from Convener

I feel honoured and immense pleasure to present the new issue of College Newsletter "Nilandrus: December 2020 to June 2021" despite the havoc wreaked by COVID 19 Pandemic across the globe. Although the Pandemic has affected every sphere of life, it is and will remain our earnest desire that education of our students is not hampered at any cost. Adhering to this aim, our institution adopted both physical and virtual mode to impart education and tried our best to deliver curricular and co-curricular activities for the benefit of student community.



Keeping in view the health and hygiene of the students amid COVID 19 Pandemic, different webinars, online as well as offline workshops and seminars concerning the same were conducted by our institution to make sure that students, staff and communities stay safe from COVID 19, depression and trauma arising from it. To maintain the standards of quality education and involve students to the optimum level, tremendous efforts were put in by the Patron and other faculty members by conducting online as well as offline classes, quiz contests, webinars and other co-curricular activities.

It is pertinent to mention that some outreach programs to the industrial and research areas of the valley were also conducted to get awareness about different skills and inculcate interest among students in entrepreneurship and other vocational courses. We as an institution strongly believe in growing our students into responsible citizens by involving them in diverse activities besides learning and teaching process. In addition to this, our college has actively participated in many community outreach programmes, like general awareness about Covid-19, vaccination, cleanliness drives etc.

This issue of "Nilandrus" would acquaint the readers with different activities conducted by the college for the larger interests of society in general and students in particular during the period December 2020 to June 2021. The esteemed readers are welcome to go through the current issue of this Newsletter and apprise the Convener with their valuable feedback.

**Mr. Muzaffar Hussain Najar**  
Assistant Professor  
Convener Newsletter Committee



## Webinar: Mental Health and Hygiene - Need of the Hour

Psychological-cum-Counselling Cell of the college, in collaboration with UGC-Human Resource Centre, University of Kashmir, organized a webinar on the theme, "Mental Health and Hygiene: Need of the Hour" on 10th of December, 2020 under the Initiative of Manodarpan. The introduction about the Webinar was presented by Mr. Showkat Ahmad Malik (Assistant Professor), Coordinator, Psychological-cum-Counselling Cell of the college. The formal welcome address was presented by Principal, Prof. Nighat Fatima, wherein she welcomed all guests and participants and introduced the theme in a lucid manner. Prof. (Dr.) Shabir Ahmad Bhat, Director UGC-HRDC, University of Kashmir, presented the key note address and reiterated the role of teachers in promoting mental health and hygiene. Inaugural address was delivered by Dr. Nisar Ahmad Mir, Registrar, University of Kashmir. Dr. Nisar Ahmad Mir appreciated organizers for organizing such webinars of great relevance to the contemporary times and presented his view point for good mental health. The Chief Guest at the occasion was Worthy Commissioner/Secretary, Department of Higher Education, J&K UT, Mr. Talat Parvaiz Rohella. In his presidential address, Commissioner/Secretary deliberated in length about the initiatives being taken by Higher Education Department, J&K UT under his leadership, like Career Counselling/Psychological Counselling/Training and Placement Cells for the adjustment of youth in the academics, to cope with mental health issues and for best job opportunities across the country. He further appreciated Madam Principal, Prof. Nighat Fatima for always taking a lead role to implement such initiatives at grass root level. Expert speaker during the session was Dr. Arshad Hussain, a renowned Psychiatrist of the J&K UT. Dr. Arshad Hussain dwelt on the theme in length and enlightened the participants about the causes and consequences of mental illness and related issues. He also deliberated on the remedies to deal with such issues especially caused by Covid-19 pandemic. At the end, question/answer session was held wherein the expert answered the queries of participants to their utmost satisfaction. The webinar was coordinated by Prof. Showkat Ahmad Malik. The webinar concluded with the vote of thanks proposed by Dr. Mohammad Ishaq Geer, Coordinator, UGC Human Resource Centre, University of Kashmir.



## Three Days UT Level e-Workshop: Biodiversity Status and Future Prospects

Departments of Zoology and Botany, Government Degree College Bijbehara organized a Three Days UT Level e-Workshop on "Biodiversity: Status and Future Prospects" from 21<sup>st</sup> to 23<sup>rd</sup> December, 2020. The programme was kick started with inaugural session wherein Prof. Nighat Fatima, Principal of the college, delivered welcome address in which she highlighted the importance of organizing this workshop. Director Colleges, J&K UT, Prof. M.Y. Peerzada, presented some valuable suggestion regarding the ecological implications of some invasive alien species into the habitats of Kashmir Himalayas. Shri O.P. Sharma, Former Principal Chief Conservator of Forests, J&K UT, delivered the keynote address. In his address, Mr. Sharma, gave an in-depth analysis of the status of biodiversity in J&K. In his presidential address, Mr. Talat Parvez Rohella, Commissioner/Secretary, Higher Education Department, J&K, dwelt on the need of

conserving biodiversity, which, due to human greed and lust for more are being deprived of their natural niches. The inaugural session concluded with vote of thanks by Dr. F.A. Itoo.

In the first technical session, Dr. Gohar Bilal Wani, Head, Division of Fisheries, FoFy, SKUAST-K underlined the basic factors confronting and endangering the very existence of fishes in J&K. In the Second technical Session, Dr. Sajjad ul haq Zarger, Lecturer, Department of Education, J&K asserted on the conservation measures, pressures and fundamental challenges.

**UT- Level E-Workshop**  
on  
**Biodiversity: Status & Future Prospects**  
21 to 23 December 2020

**Chief Guest**  
Mr. Talat Parvez Rohella, Commissioner/Secretary, Higher Education Department, J&K

**Patron**  
Prof. M.Y. Peerzada, Director Colleges, J&K UT

**Convener**  
Prof. Nighat Fatima, Principal, Government Degree College Bijbehara

**Organizing Secretaries**  
Dr. S. M. Zuber, Prof. S. Y. Paroo

**For any query Contact us at:**  
7006117311, 7006612147  
Email: [ecology@hdp.gov.in](mailto:ecology@hdp.gov.in)

**Invited Speakers**

1. Mr. Talat Parvez Rohella, Commissioner Secretary HED J&K
2. Prof. (Dr.) M.Y. Peerzada, Director Colleges J&K
3. Prof. S.M. Zuber, Joint Secretary HED J&K
4. Prof. O.P. Sharma, Former Principal Chief Conservator of Forests J&K
5. Dr. Aijaz Ahmad, Director South Campus, University of Kashmir
6. Dr. Gohar Bilal Wani, Div. Fisheries, FoFy, SKUAST-K
7. Dr. Waqar Bukhtyar, Dept. of Zoology, University of Kashmir
8. Dr. H.S. Bhat, Dept. of Zoology, University of Kashmir
9. Dr. Aijaz Ahmad, Dept. of Zoology, CDC Doda
10. Dr. Aijaz Ahmad, North Campus, University of Kashmir
11. Dr. Athar Hussain, IIT University of Kashmir
12. Dr. Saif Ahmad Bhat, Lecturer Education Department J&K
13. Dr. Sajjad ul Haq Zarger, Lecturer Education Department J&K
14. Mr. Masroor Khan, IIT Lyell College Terell Nash

For registration please click on the link: <https://forms.glist/6H4dYV1U0R0A8>  
(Registration will be closed only 48 hrs before the programme)  
The programme will be live on college live YouTube channel and Facebook account.  
Attendance to all the sessions is mandatory.  
Delegates intended to attend all sessions of their session can post their questions in Google Meet Chat box, comment section of YouTube, Facebook etc.  
We are looking for you.  
Kindly post your comments and queries at the end of each session in the Green chat corner of the live chat.  
Only one ID card registration per device is allowed. <https://bit.ly/3kxwvpp>  
Contacted: 7006117311/7006612147

**Joint Secretaries**  
Dr. Jaseel Ahmad Malik, Prof. Surhan Anwar, Convener I&K  
Dr. Han-uz-Rauf Tak, Mr. Arif Maqsood

**Register Here**



The second day started with the deliberations of Dr. Ather Masoodi, Senior Research Associate, Department of Botany, University of Kashmir, who asserted on the wetland ecology and restoration measures needed to be undertaken given the immense anthropogenic influences exerted on the part of the Wular lake. Besides Dr. Masoodi dwelt on the methods for controlling the Alligator weed which has taken a heavy toll on Wular lake. Dr Muzaffar Reyaz, Research Scholar, presented a detailed account of insect diversity of Kashmir region and lead us through the beautiful world of insects. Dr. Harish Chander Dutt, Assistant Professor Department of Botany, University of Jammu, presented a consolidated account of medicinal plants of Kashmir Himalayas and gave a detailed description of medicinal plants growing in the Alpines of Himalayas along with their descriptions and topographical locations. Dr Rouf Hamza, Lecturer Botany, School Education Department, presented an in-depth study of floral and faunal species of J&K, and some important medicinal plants which are used as anticancer drugs besides some species of mushrooms which are very costly and can be grown at mass scale for the economic benefit of local population. Dr Aejaz, Assistant Professor, Department of Botany, Kargil Campus, University of Kashmir, delivered a power point presentation on the medicinal plants of Kashmir Himalayas and their Folklore importance. Dr. Manish Thakur presented his talk on the ecosystem restoration and ecological valuation.

Prof. Nighat Fatima, Principal of the college, formally greeted the speakers and provided her valuable insight about the biodiversity status. Dr. Yahya Bakhtiyar, presented a valedictory lecture on the Ichthyology of Kashmir and their unique genetic and species diversity. Mr. Sanjeev Rana, Additional Secretary, Higher Education Department, J&K UT, presented concluding remarks and appreciated the role of organizers and carrying forward this initiative so that importance of biodiversity can be realized by one and all for the very survival of human race. At the end vote of thanks was presented by Dr. Shah Faisal in which he thanked all the participants and the worthy speakers who presented their research findings during the course of workshop and paid a special thanks to the worthy Principal Madam, Prof. Nighat Fatima with whose efforts the programme actually got possible. At the end, he thanked the twin Departments of Botany and Zoology, the entire staff of which worked tirelessly during these days to make this programme a success.



## Annual Felicitation Fest and release of College Newsletter, “Nilandrus”

Govt. Degree College Bijbehara, on 25<sup>th</sup> of December, 2020, organized a felicitation festival to felicitate the students who showed remarkable performance in PG Entrance Examinations, Academics, Cultural Activities, College NSS, NCC and Sports activities during the year 2020. The Chief Guest during the occasion was District Development Commissioner, Anantnag, Mr. Kuldeep Krishan Sidhha and the Guest of Honour was Principal, Government Women College, Anantnag, Dr. Ali Mohammad Dar. The welcome address on the occasion was presented by Principal of the College, Prof. Nighat Fatima, wherein she expressed her gratitude to the DDC Anantnag for accepting her invitation despite his busy schedule. Madam Principal lauded the efforts of faculty and other staff members of the college for their sincere and tireless efforts for the development of the institution. She also requested esteemed DDC Anantnag to provide some state land available in the adjacent area of the college for its further expansion. In his address, the Guest of Honour, Principal, Government Women College Anantnag, Dr. Ali Mohammad Dar also admired the initiatives whether curricular or co-curricular undertaken by GDC Bijbehara, facing all the odds with outstanding performance among all the colleges of Kashmir division. Mr. Mohd. Abdullah Dar, Physical Director of the college, highlighted the achievements of the college in games and sports both at the national and international level.

In the event College Newsletter, “Nilandrus” was also released by the Chief Guest, Madam Principal, Convener, College Newsletter Committee and other dignitaries present on the dais. A cultural programme was performed by the students of the college with different items viz., College Tarana, Qawali, Kashmiri folk songs and poem of Dr. Mohammad Iqbal (R.A.) which enthralled the audience in the jam-packed auditorium. In his Presidential address the Chief Guest, DDC Anantnag, Mr. Kuldeep Krishan Sidhha, reiterated the





contribution of teachers in developing the rich societies. He appreciated the initiatives in curricular and extra-curricular activities taken by the college under the leadership of Principal, Prof. Nighat Fatima, despite the prevailing circumstances. Moreover, he emphasized that education and learning is an endless process and one should never feel complacent in terms of acquiring knowledge and encouraged the students to work with same zeal and zest in future. The Chief Guest, got delighted by the performances of the students in different cultural activities and commended them for their talent and made on spot announcement of Rs. 11000, as a reward for the college cultural group headed by Unus Bashir and a free tour to any of the health resorts of their choice, and Rs. 20000 to international karate player, Hafiz Mohammad Asif, for his future training. He also fulfilled other demands of the college wherein he pledged to provide the college, ten kanals of land and a motor vehicle for the students.

Finally in the felicitation ceremony, the Best Teacher Award was conferred by Chief Guest, K. K. Sidha, in presence of Principal and other dignitaries on the dais to Dr. Farooq Ahmad Rather (HOD Urdu), for his outstanding performance in teaching. The Best Employees Award of the college was given to Section Officer Gh. Nabi Munjakhal and Kafeel Ahmad Badder (LFE) for rendering their services effectively in the establishment section of the college. Besides, all the students who showed remarkable performance in PG entrance examinations, academics, cultural events, NSS, NCC and other extra-curricular activities were felicitated by the Chief Guest, Principal and other dignitaries with mementos and certificates amongst the thunderous applause. The programme was coordinated by Dr. Shah Faisal (Assistant Professor, Urdu). The programme concluded by the vote of thanks proposed by the Staff Secretary, Dr. Mehraj Ahmad Bhat.



## Videography Competition: National Youth Day-2021

An online program on "The Role of Youth in Nation Building" was organised by NSS Unit of this college to commemorate, National Youth Day on 12<sup>th</sup> January, 2021, on eve of the birth anniversary of Swami Vivekananda. The students were asked to prepare a one-minute video on the said topic and mail it to the ID provided in the brochure/notification. The videos were uploaded and made public on college Facebook page. The participants highlighted the role of youth in the development of a country, youth as a backbone and future of the nation, the propagation of teachings, philosophies and ideologies of Swami Vivekananda among the students as these teachings are in tune with the cultural and ethnic background of India. The speakers stressed that the nation building is inevitable, if the power of youth is channelized in a proper way. Five students participated in the event.



## Two Days programme: Resume Writing and Interview Facing

The Training and Placement Cell, Govt. Degree College, Bijbehara organised two days programme on "Resume Writing and Interview Facing" from 13<sup>th</sup> - 14<sup>th</sup> January, 2021. The programme received a good response from students who, despite of bone chilling cold, turned up in a good number and participated with zeal and enthusiasm. Convener of the Cell, Mr. Waseem Yaseen (Assistant Professor) highlighted the aims and objectives of the event. Principal of the college, Prof. Nighat Fatima gave her insight and shared her experiences on the topic and stressed upon holding such events regularly for the overall development of the students. Reshma Siraj (Assistant Professor) deliberated on the theme and displayed an effective Power Point Presentation which enthralled the participants. The programme remained very interactive. Showkat Ahmad Malik (Assistant Professor) proposed formal vote of thanks. The programme was conducted in accordance with Covid -19 Standard Operating Procedures.





### Interdisciplinary quiz: Road Safety Awareness

NSS Wing of Government Degree College, Bijbehara in collaboration with Road Safety Club, organized an Interdisciplinary quiz on Road Safety Awareness based on General Knowledge and Common Awareness. The quiz started on 27-01-2021 and was available online till 30th January 2021.



### Online National Level Painting Competition: World Wetlands Day

Department of Environmental Science, Government Degree College, Bijbehara organized National Level Painting Competition on the eve of World Wetlands Day on 2<sup>nd</sup> February, 2021. The theme of the competition was, "Inseparable: Water, Wetlands and Life".



### Re-Opening of College after Covid-19 Lockdown

The college reopened on 15<sup>th</sup> February 2021 after unprecedented Covid-19 Pandemic. College authorities implemented the guidelines related to Covid Appropriate Behaviour. Principal and staff members counselled the students about different aspects of post-Covid world.





### **One Day Seminar: Maaji Zew Waehid Preznath (Mother Tongue: Unique Identity)**

A one-day seminar on the theme "Maaji Zew: Waehid Preznath (Mother Tongue: Unique Identity)" was organised by the college's Department of Kashmiri on 20<sup>th</sup> February 2021. The programme started with inaugural address by Prof. Ishfaaq Ahmad Bhat, Head, Department of Kashmiri who also carried out the proceedings of the seminar. The formal welcome address was presented by worthy Principal of the college, Prof. Nighat Fatima. Madam principal in her speech stated that mother tongue makes it easier for children to pick up and learn other languages. Using mother tongue helps children develop their critical thinking and literary skills. She also stressed upon the fact that mother tongue is not only a basic source of quality education but also language of feelings, expressions and dreams. Deliberating on the theme, Madam principal articulated that

mother tongue gives us a sense of belongingness and sense of oneness. President, Maraz Abdi Sangam, Mr. Reyaz Anznoo, in his speech stressed upon the urgent need of establishing mother tongue with children at home. He emphasized that culture can only be preserved through mother tongue and thereof be passed to next generation. Mother tongue provides identity when used and therefore, shall be used as the only medium of communication with children at home. General Secretary (MAS), Mr. Izhar Mubashir, shed light on the historical significance of the day and





highlighted the introduction of mother tongue as a medium of instruction for elementary classes as per NEP, 2020. He also read out a short story related to the theme of the seminar. Dr. Showkat Shifa, a leading pediatrician and poet of our valley, read out a chapter of his upcoming book and also recited a few verses of his poems. Mr. Yousuf Jehangir, a poet, in his speech claimed that Mother Tongue Day has been celebrated this year with a difference as its status has been raised to an official language in J&K UT. Mr. Manzoor Khalid, a poet, recited a beautiful poem (Naat) and also deliberated on the significance of the day.

### **Awareness on Road Safety**

The NSS/NCC wings of the college and Department of Physical Education, organised the “Road Safety Awareness” programme on 3<sup>rd</sup> March, 2021. The main objective behind the programme was to raise awareness about the part, we can all play in making our roads safer, to train students how to work with others, to stop road deaths and injuries, make communities safer, and support people who are seriously injured in crashes. The programme was started by the principal of the college Prof. Nighat Fatima. In her inaugural speech, the Worthy Principal, laid stress to sensitize the students to take trainings on the road safety, through a major media campaign, and by supporting communities, schools and organizations to run road safety activities at a grassroots level. The representative from ARTO, Anantnag, highlighted the aims and objectives of the





programme and made detailed presentation on the menace of road accidents, and suggested some of the means and precautions, how to curb the problem. On the occasion, many speakers from various departments spoke and appreciated the move taken by NSS wing of the college. Through the ethos of partnership working, Road Safety programme, inspired students to devote personal time to activities raising awareness of key road safety issues. In the second session of the programme, NSS volunteers along with the staff of the college regulate traffic at main road at Bijbehara. The students made aware, pedestrians about the importance of using footpath and zebra crossing. In the meantime, some students requested the drivers of private vehicles to use seat belt and follow proper signals of the traffic police. The activity concluded with a note, that in future the NSS volunteers will also visit different place to spread awareness about road safety.





## One Day Seminar on International Women's Day on the Theme: "Women Leadership Qualities"

A One Day Seminar was organised by the college on International Women's Day on the Theme: "Women Leadership Qualities" on 8<sup>th</sup> of March, 2021. The inaugural address was presented by Dr. Rashma Siraj, Assistant Professor, Department of English. She in her speech shed light on the significance of the day and mentioned that the day is celebration of respect, appreciation and concern towards women. She also welcomed the distinguished guests, including women poets, who graced the occasion with their utterances on the theme. The proceedings of the seminar were carried out by B.G. 3<sup>rd</sup> semester students of the college namely Mr. Faizan Tariq and Ms. Qurat-ul-Ain. The formal welcome address was presented by the Worthy Principal of the college, Prof. Nighat Fatima, who put across quite ably the point which caused confusion to many people that "Choose to Challenge" is not choosing to challenge men, rather, it is all about choosing to challenge fears and frets. She said that there is a need to redress the gender inequality in society

which can be achieved only through education. She emphasized that the world needs women at every table where decisions are made, because organisations that are led by inclusive leadership team make effective decisions that deliver better results. Women empowerment refers to end all discriminatory practises against women in the society, said she. It was followed by recitation of poetry by our esteemed guests, Mrs. Shaista Shafaq and Mrs. Rubi-u-Nisa. Noted poetess, Nighat Sahiba, deliberated on the theme with historical references and recited her poetry which was highly appreciated by the audience. She read out the beautiful lines about women and their achievements. The next speaker was Mr. Yousuf Jahangir, a poet and critic who highlighted the importance of the day. He said that, it is observed that men have had more advantages in every sphere of life in comparison to women since ages. However, this needs a change as we all are humans and should be treated equally with equal rights and opportunities. The formal vote of thanks was proposed by Prof. Ishfaq Ahmad Bhat, Assistant Professor, Department of Kashmiri (Convenor, Debate and Seminar Committee). He thanked all the guests and students for making the event beautiful and success.



## Three Days National Workshop: Cell Culture & Molecular Biology-Techniques & Instrumentation

Department of Zoology, GDC Bijbehara in collaboration with Eppendorf India organised a Three Days National Workshop on “Cell Culture and Molecular Biology: Laboratory Techniques and Applications”. The workshop was inaugurated by Prof. Nighat Fatima, Principal of the College who while delivering a formal welcome address dwelt in detail on the need of organising workshops on instrumentation, besides highlighting the uniqueness of the workshop for being first of its kind in J&K. She emphasised that there is urgent need of conducting such workshop to train the science students with the skill and competence required for their employability and hoped that this Three-Day Workshop will provide the students with theoretical information and practical experience in Cell Culture. Dr. S.M Zuber, Organising Secretary of the workshop, elaborated on the relevance of the workshop in the light of guidelines propounded by the UGC with regards to LOCF. Dr. Albeena Nisar, DBT Scientist at TATA Memorial Research Centre, Mumbai, highlighted the theme of the workshop while giving a detailed overview of the instruments to be demonstrated in the workshop. Mr. Sudhakar Mathur, Zonal Director, North, Eppendorf, on behalf of his team expressed his thoughts vis-a-vis the collaboration for the workshop besides assuring further support to the college in organising





such hands-on training to the students in future as well. Prof. Mohd Afzal Zargar, Registrar Central University of Kashmir, while delivering his presidential address appreciated the efforts of the College besides blessing the audience with his words of his wisdom. The inaugural session concluded with vote of thanks by the organising secretary of the workshop.

Since the workshop has been organised in a blended mode for taking care of the SOPs, a total of 850 participants registered for the workshop of which 120 participants attended the workshop in offline mode while the rest joined the workshop via Virtual platform. The workshop intends to aim and orient the minds of UG students for enhanced and clear vision in relation to practical training. In the 1<sup>st</sup> technical session, Dr. Neha Nair, Regional Manager Eppendorf, demonstrated liquid handling following which Dr. Shilpa Bhowmick, TATA Memorial Centre, Mumbai, demonstrated Flow Cytometry. In the last technical session, Dr. Rohit Kumar, Research Scientist at TATA Memorial Centre, Mumbai, demonstrated Electrophoresis (SDS PAGE). In the concluding session, a healthy interaction between the students and the speakers took place.

The valedictory evening session was addressed by Prof. Nighat Fatima, Principal of the college who emphasized on the need of practical hands-on training and specialized skill-based workshops for the students and also commended the efforts of organizing committee members Dr. S.M. Zubair, Assistant Professor, GDC Bijbehara, Dr. Albeena Nisar, DBT Scientist and team members of Eppendorf, India, Mr Sudhakar Mathur, Zonal Director, Eppendorf India and Dr Neha Nair, application scientist Eppendorf, as well as the team members from Tata Memorial Centre Mumbai, Dr Rohit Kumar, Post-Doctoral Scientist and Ms. Deepali Pandit, Quality Control Specialist.

The last evening session was filled with an inspiring session with Cancer kid survivors and Dr Faisal Guru, Paediatric oncologist, SKIMS highlighted the work done at the Department of Medical Oncology for the paediatric unit. It was an interactive session where the cancer survivors narrated their stories that inspired the student followed by a musical entertainment for cancer survival kids. Mr. Noman, student of B. Sc. 5<sup>th</sup> semester delivered a vote of thanks to all the experts, Principal, Prof. Nighat Fatima, the organisers Dr. Zubair and Dr. Albeena.





## One Week Pre-Admission Counselling Program

On 24<sup>th</sup> of March, 2021, Admission Committee and Career Counselling Cell of the college, kick-started One Week Pre-Admission counselling program under the supervision of Principal, Prof. Nighat Fatima. The Session was organised in the smart classroom of the college which was attended by all the faculty members of the college. The principal of the college discussed at length the challenges faced by our student community in deciding their career options and the growing role of counselling sessions and reiterated the importance of knowing one's potential and subject of interest before making a



decision. She also laid stress on the right combination of subjects as per their aptitude which should be reflected in their academic performance. The session was very informative and interactive wherein all elements involving the upcoming admission of new students was discussed thoroughly and a clear plan was chalked out about counselling of students about CBCS, career options, subject choices, learning outcomes etc.

The programme was organised by Prof. Basharat Hussain, Convenor, Admission committee and Prof. Meeshu Pandita, Convenor, Career Counselling. The programme was moderated by Prof. Basharat Hussain who welcomed the new admission seekers and gave them a brief overview of the actual essence of programme and importance for holding such sessions. Prof. Siraj Yousef, Convenor, Academics Affairs Committee, introduced CBCS to the students and very meticulously highlighted the significance of such sessions in student progression. Prof. Nighat Fatima the principal of the college, welcomed the prospective students of the college. Prof. Meeshu Pandita emphasized the Career opportunities available viz-a-viz each subject available in the college and reiterated to hold such sessions in future as well. Prof. Khursheed Ahmad, Coordinator Examination, gave a demonstration of subject combinations available to the students and the way and means of admission.



## **"Clock is Ticking": Awareness Program on World Tuberculosis Day**

NSS Units of this college organised an awareness program on World Tuberculosis Day on 24<sup>th</sup> March 2021. The theme of the program was "Clock is Ticking". The program was moderated by Faizan Tariq and Adfar Ara, 3<sup>rd</sup> semester students. Worthy principal of the college, Prof. Nighat Fatima, deliberated on the significance of the day. She in her speech laid stress on the fact that all of us have to take it in as a moral obligation to prevent ourselves and our society from this contagious and highly infectious disease which claims around 4500 lives a day.

She also assured that in near future our college will conduct sample collection and testing in collaboration with the medical team of the catchment area so as to give practical shape to the program. Further she emphasized that despite TB being a deadly disease, it is preventable, treatable and curable, so it becomes our responsibility to take an initiative and make the society TB free. Dr. Rashma Siraj, NSS programme officer, highlighted the theme of the program "Clock is Ticking". She in her speech said that it is "wake up call" as there is not much time. Although world has committed to end this epidemic by 2030, but actions and investments in this regard do not match the reality. India like other countries also has a gallant dream of eradicating TB by 2025, but we are yet too far and as such we have a collective responsibility to turn the dream into reality. Aabid, 3<sup>rd</sup> semester student, threw light on the day and elaborated various concepts related to the said disease. Muzamil of 3<sup>rd</sup> semester highlighted some important facts about the disease and mentioned that Budgam District of JK UT is TB free and we too must strive for making the whole valley TB free.

### **Felicitation Ceremony**

Felicitation of Hafiz Mohammad Asif, B.G. 5<sup>th</sup> semester student of the college for winning GOLD MEDAL in 5<sup>th</sup> JK PENCAK SILAT Championship (Senior) held from 13<sup>th</sup>-15<sup>th</sup> February, 2021.





### Chinar Plantation Drive

As a part of social obligation and concern towards environment, a “Chinar Plantation Drive” was launched within the college campus jointly by the Department of Environmental Science, Government Degree College, Bijbehara and Lidder Forest Division, Anantnag on 3<sup>rd</sup> April, 2021. The students, faculty and forest officials planted the Chinar saplings with zeal and zest. The Principal, Prof. Nighat Fatima, highlighted the contribution of trees in maintaining environmental and ecological balance and stressed not only on the need to plant chinar trees which is our heritage but also to get involved in their conservation. Prof. Waseem Yaseen, Convenor Landscape and Beautification Committee thanked the officials of Lidder Forest Division for providing saplings and other logistic support.



### One Day Workshop on Counselling and Guidance

A one-day workshop was organised by career counselling cell of the college, in collaboration with Chanakya IAS Academy on 6<sup>th</sup> April 2021, with an aim to provide counselling and guidance to the students for UPSC examinations. The program was kick started by Prof. Meeshu Pandita, Convenor Career Counselling Cell. She explained that to be successful, along with hard work and luck, right counselling at right time is equally important. She emphasised on importance of counselling to students at undergraduate level. Introduction to the workshop was deliberated by Dr. Zubair Ahmad, Assistant Professor, Zoology who highlighted the aim of inviting Chanakya Academy to the college. He talked about the various people from Kashmir who have qualified IAS examination and considered them as the source of inspiration. Madam Prof. Nighat Fatima, Principal of the college welcomed the guests from Chanakya academy and motivated the students to focus on their career right from undergraduate level. She discussed in detail the powers of administrative services. Madam talked about the importance of counselling in the life of a student. Further proceedings of the program were carried out by Ms. Charanjeet Kour, Member of Chanakya Academy. Mr. Ankit Bagad, speaker from Chanakya Academy provided various tips regarding the UPSC examination to the students and explained the entire process of examination with the help of audio-visual aids. Finally, to conclude the program, formal vote of thanks was presented by Dr. Ishfaq Ahmad Bhat.





## National Level Painting Competition: World Earth Day-2021

Department of Environmental Science, Government Degree College, Bijbehara organized National Level Painting Competition on the eve of World Earth Day on 25<sup>th</sup> April, 2021. The theme of the competition was, "Restore Our Earth".



## Quiz: The Blessings of Ramadhan

The Debates and Seminars Committee in collaboration with Department of Islamic Studies of the College organized a National Level Quiz Competition Programme on the theme "The Blessings of Ramadhan" under the patronage of the worthy Principal, Prof. Nighat Fatima, on 11<sup>th</sup> May, 2021, from 11:30 am to 12:00 am. Around two hundred and fifty (250) participants comprising of students and scholars across different Indian colleges and universities participated in the Quiz Competition Programme. The Quiz Competition Programme was based on 60 MCQ's for which 20 minutes were given to solve the Question paper. A student from Government Degree College, Pampore, Jammu and Kashmir, got the first position with 47 points for which a handsome cash prize and a merit certificate has been awarded to the student. An e-certificate has been awarded to each participant. Organiser of the event Dr. Rafia Nisar, declared it as a month of "Reorientation of Human Values". Fasting of Ramadhan helps to inculcate the human values of self-restraint, patience and God-consciousness in a believer. Convener, Debates and Seminars Committee, Prof. Ishfaq Ahmad Bhat (HoD Kashmiri) thanked the organiser Dr. Rafia Nisar and Technical supporter Dr. Mifta Ul Shafi for their dedication.

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Department of Islamic Studies in collaboration with Debates and Seminars Committee is going to organise an Online Quiz Competition on 11th of May 2021, on the theme, "The Blessings of Ramadhan." Students from across J and K UT colleges can register themselves on <https://forms.gle/eZvBMkU5r5xD2n6v7> by or before 9th May 2021.

An E - Certificate will be issued to each participant. Winner of the quiz will be awarded a handsome cash prize.

Patron: Prof. Nighat Fatima (Principal)  
Organiser: Dr. Rafia Nisar HoD Islamic Studies  
Convener Debates and Seminars: Prof. Ishfaq Ahmad Bhat

## One Day e workshop: Biodiversity Status Concern & Opportunities

On the occasion of International Day for Biological Diversity, under the guidance of Patron, Prof. Nighat Fatima, Principal GDC Bijbehara, Dr. S. M. Zubair, Prof. Siraj Yousuf and Prof. Burhan Ahad from Department of Bio-Sciences of this college organised a National One Day e-workshop on the theme, "Biodiversity Status Concern & Opportunities". The speakers of the event were, Mr. Sanjeev Rana, Additional Secretary, HED, J&K, Prof. Ranvijay Singh, Principal, GDC Ukhral, Dr. Neeraj Sharma, Sr. Assistant Professor, Bhaderwah Campus, University of Jammu and Dr. H. C. Dutt, Sr. Assistant Professor, University of Jammu.



## Essay Competition: World No Tobacco Day

The National Service Scheme Wing of Government Degree College, Bijbehara, organised an Essay Writing Competition on the occasion of World No Tobacco Day, 2021. Every year, 31<sup>st</sup> May, is observed as World No Tobacco Day (WNTD), highlighting the health and other risks associated with tobacco use, and advocating for effective policies to reduce tobacco consumption. Following the guidelines of COVID 19, on this occasion of great significance, NSS wing organized an online essay writing competition to explore the creative instinct of students of the college which encouraged them to express their ideas on "Protection of future generation from harmful effects of tobacco". Tobacco is used in many different ways such as in the form of cigars, bidis, cigarettes, snuff and gutkha etc. In spite of creating awareness among people, there are still reports of a large number of people dying due to the usage of tobacco and nicotine. About 1,300 deaths are reported daily around the world due to tobacco and nicotine usage. The Competition was patronised by Respected Principal of the college, Prof. Nighat Fatima, and was coordinated by NSS Programme Officer, Dr. Salfie Muzaffar. Many students participated in the competition after sending their entries through email. Moin Salam Bhat of 6<sup>th</sup> Semester from GDC Bijbehara won the competition. His essay highlighted importance of avoiding social nuisance like Tobacco through his insights into numbers. Overall, the event was successful in creating awareness and showed positive results on the whole.





## Environmental Week Celebrations

As the world celebrated Environment Day on 5<sup>th</sup> June, 2021, on the theme "Ecosystem Restoration" hosted by Pakistan, the Department of Environmental Science, Govt. Degree College, Bijbehara celebrated Environmental Week from 5<sup>th</sup> to 12<sup>th</sup> June, 2021 by conducting a series of activities which were online in nature. The activities included Slogan Writing Competition, Collage Making Competition, Each One Plant One, Open Photography & Essay Writing Competitions which were open for all undergraduates of India. A good number of students registered and participated in these events with zeal and zest. The results of these competitions were declared on 12<sup>th</sup> June, 2021 and as per the Jury: In Slogan Writing Competition, Aquib Hameed, 1<sup>st</sup> Semester student from GDC, Bijbehara bagged 1<sup>st</sup> Position; Mehvish Afzal, 2<sup>nd</sup> Semester student from Govt. College for Women, M. A. Road, Srinagar secured 2<sup>nd</sup> Position and M. Amulya, 1<sup>st</sup> Semester student from Forest College & Research Institute, Hyderabad bagged 3<sup>rd</sup> Position. In Collage Making Competition, Neha Kulkarni, 3<sup>rd</sup> Semester student from Gargi College, Delhi secured 1<sup>st</sup> Position; Reenu Chatterji, 1<sup>st</sup> Semester student from Birla College, Kolkata bagged 2<sup>nd</sup> Position and Irfan Nabi, 1<sup>st</sup> Semester student from GDC, Bijbehara secured 3<sup>rd</sup> Position. In Essay Competition, Arizoo Ishaq, 1<sup>st</sup> Semester student from GDC, Bijbehara secured 1<sup>st</sup> Position, 2<sup>nd</sup> Position was bagged by Mehvish Afzal from 2<sup>nd</sup> Semester, Govt. College for Women, M. A. Road, Srinagar. Jury adjudicated Aarif Shafi, 3<sup>rd</sup> Semester student from GDC, Chari-Shareef for 3<sup>rd</sup> Position. In, Each One Plant One, Irfan Nabi secured 1<sup>st</sup> Position; 2<sup>nd</sup> Position was bagged by Tanveer Ahmad Dar, 6<sup>th</sup> Semester student from GDC, Beerwah and Arizoo Ishaq, 1<sup>st</sup> Semester student was adjudicated for 3<sup>rd</sup> Position by the Jury and in Open Photography, again, Irfan Nabi from GDC, Bijbehara, bagged 1<sup>st</sup> Position. 2<sup>nd</sup> Position was secured by M. Amulya, 1<sup>st</sup> Semester student from Forest College and Research Institute, Hyderabad and jury adjudicated Arizoo Ishaq, from GDC, Bijbehara for 3<sup>rd</sup> position. The principal of the college, Prof. Nighat Fatima and the Convener of the programme, Prof. Waseem Yaseen, Head Department of Environmental Sciences, congratulated all the students for putting their efforts and making the programme a success. All the participants were given E-certificates.



## Online Poster Making Competition



## Public Awareness on Acceptance of Covid-19 Vaccine

The National Cadet Corps (NCC) Armed Wing Government Degree College, Bijbehara, led by NCC Officer, Prof. Ishfaaq Ahmad Bhat, under patronage of Prof. Nighat Fatima, worthy Principal of the college has offered a helping hand and awareness to civilians of Bijbehara and its surrounding areas, the country's fight against Covid-19 pandemic by extending the services of cadets for "Public Awareness and acceptance of Covid-19 Vaccine" under the banner "AZADI KA AMRUT MOHATSAV". Prof. Ishfaaq Ahmad Bhat, NCC officer guided the volunteers to make a door-to-door campaign for vaccination acceptance among common masses. The cadets aware them about the Standard Operating Procedures (SOPs) on preventive measures and restrict the spread of Covid-19 pandemic. The program was inspired by the worthy Principal of the College Prof. Nighat Fatima, who highlighted the necessity of awareness regarding Covid vaccination among common and ignorant civilians. The program officer and the cadets visited around 60 shopkeepers and 50 families, interacted with them about their daily routine difficulties and made them aware to have free Covid vaccination in nearby health centres. Visiting team including Prof. Basharat, Prof. Mifta ul Shafi, Sartaj Altaf Bhat (SUO-NCC) and their teammates emphasized on Covid vaccination for which family agreed to boost their immune system by doing so. Moreover, posters, pamphlets medically prescribed masks were displayed and distributed among the passengers, shopkeepers and nomad families.





### **"Beyond the Classroom Series"**

Government Degree College Bijbehara organized an Online lecture series "Beyond the Classroom Series" from 15<sup>th</sup> June, 2021 onwards. The lecture series was organized, keeping the present conditions of lockdown and consequent effects on all sectors of society including the education sector. The increased use of modern information and communication tools have enabled us to study anywhere and has left a remarkable mark on the way we teach and learn. Online lecture series was organized such that students from all subject area get benefitted. The lectures organized were of interdisciplinary nature and covered almost all major issues/topics which the world is facing today. The lectures were given by various subject experts on varied topics ranging from pure and applied Sciences, Humanities and Social Sciences, Educational and Behavioural Sciences among others. Several lectures covered the topics ranging from managing stress during lockdown, mental and psychological balance etc. The lectures were delivered by eminent experts from several institutes of importance across the country. More than 276 participants registered for the said lectures and most of these were young students. The lectures were divided into two major headings of Science Lectures and Social Science Lectures. Lectures from 15th June to 23rd June, 2021 were from various areas of pure as well as applied sciences while the lectures from 24th June were from various subjects of Social Science and Humanities including Moral and Religious studies.

The inaugural session of the online lecture series was organized on 15th June, 2021 and presided over by worthy principal Prof. Nighat Fatima. Worthy principal deliberated on the



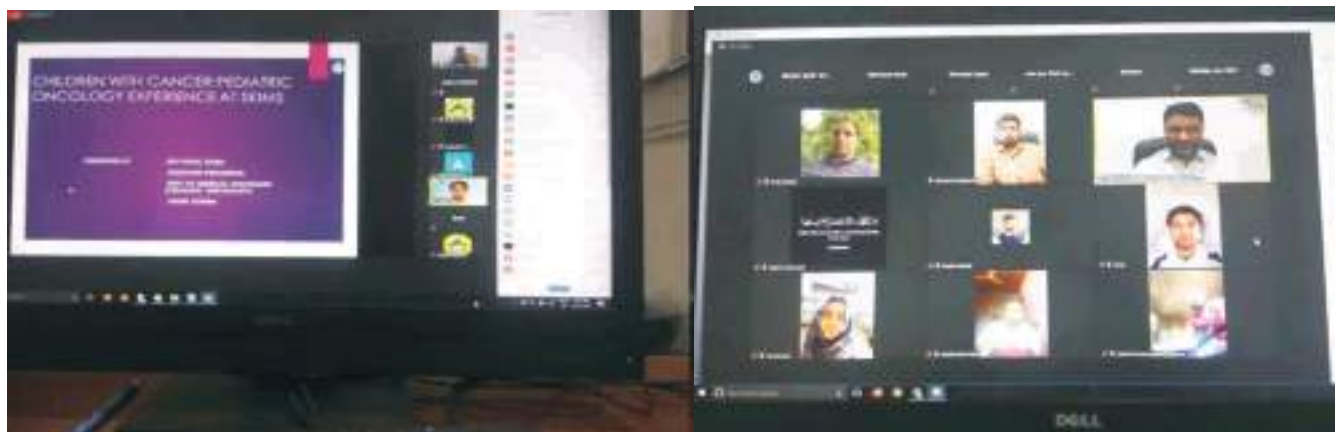
idea of organizing such lectures and presented the concept behind “Beyond the Classroom series”. The welcome address was given by Prof. Ab. Salam Dar (HoD Education) and programme was coordinated by Dr. S M Zuber (HoD Zoology) and Dr. Mifta ul Shafiq (Organizing Secretary).

### Science Lectures

Inaugural lecture of the series was presented by Dr. Subhabrata Panda from BCKV West Bengal on topic “Application of Soil and Water Conservation Techniques in Agricultural Landscapes”. Dr. Panda deliberated extensively on use of modern as well as traditional soil and water conservation techniques in varied agricultural landscapes. Dr. Panda stressed on the use of water harvesting techniques during the time of global environmental changes. The lecture was followed by in depth question answers session. Vote of thanks for the lecture was presented by Dr. Mifta ul Shafiq. On 16th June, Dr. Mahesh Lingakari from TGC Telangana delivered his lecture on topic entitled “Covid 19 and Human Physiology”. Dr. Lingakari’s lecture was focused on transformational changes in Human physiology owing to Covid 19 pandemic. He focused on how this Pandemic can bring about changes in human psychology and physiology. Dr. Shahzad Asim, research officer at JK Institute of Mathematical Sciences was invited to deliver his lecture on 17th June 2021. Dr. Asim’s topic was “Neuro Acoustic Mechanism in Context of Psychological Disorders”. Dr. Asim has his doctorate in music related studies and students were quite enthralled by his lecture on how music keeps us psychologically fit. He used his knowledge to address to the students on various aspects of music and its role in minimizing psychological disorders. Covid 19 Pandemic has impacted almost all sectors of society including the Education. The loss of classes, live interactions and significant loss of academic and co-curricular activities has damaged the normal course of academic activities. This was deliberated by Dr. Ashaq Hussain from GDC Chatroo in his talk on topic “Impact of Covid 19 Pandemic on Higher Education in J&K”. On 21st June, 2021 Dr. Faisal Guru, one of the prominent pediatrician from SKIMS Soura Srinagar gave a lecture on the rising incidences of cancer among the children in Kashmir valley. Dr. Guru gave a lecture by incorporating practical and hands on experience of dealing with pediatric cancer cases in Kashmir valley. Modern technologies have been a blessing for the human beings particularly in eradicating the diseases which were unknown in immediate past. One such technology which attained praise and earned it a noble prize is CRISPR technology. Dr. Rohit Kumar, post-doctoral scholar from ACTREC Mumbai was the guest who



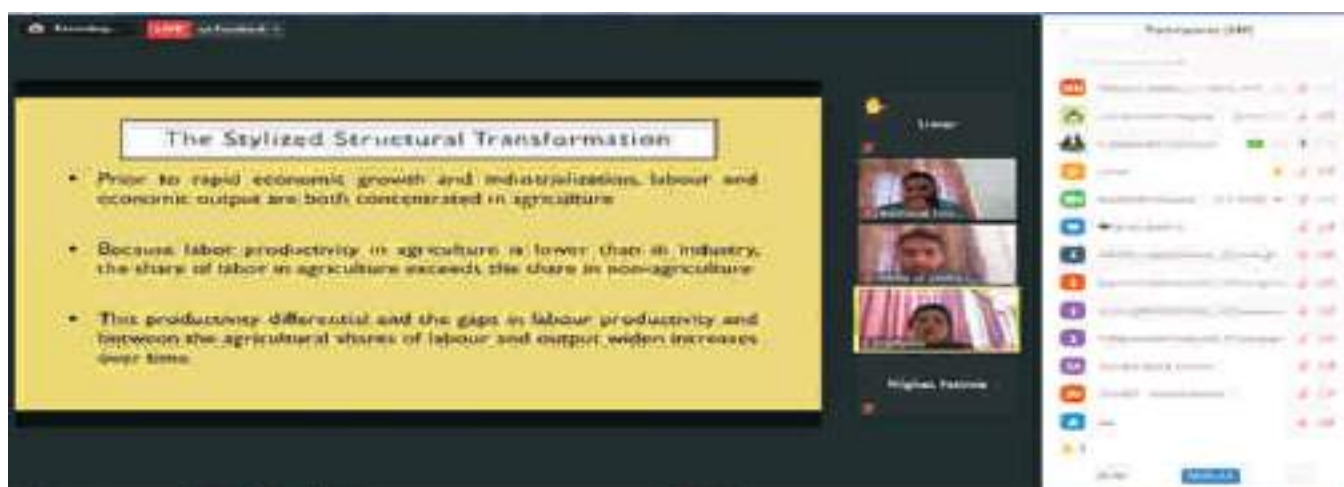




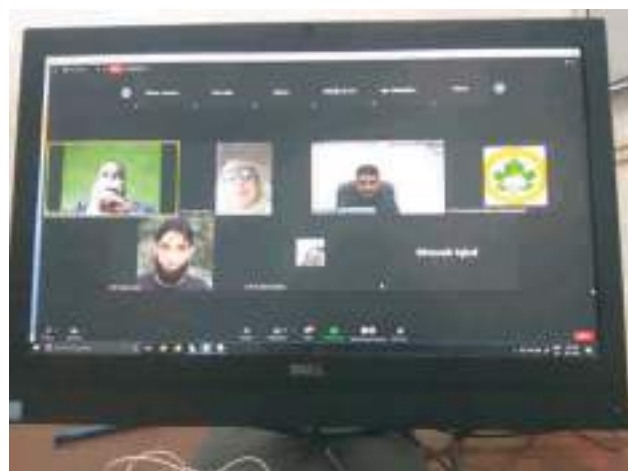
gave a lecture on "CRISPR Therapeutics in Hematological Malignancy" on 22nd June 2021. Covid 19 pandemic has hit the world hard and forced people to stay indoors for a long time. Continued restrictions and staying indoors has left people with various psychological disorders and problems were compounded by shutting down of daily affairs of life, economy, social segregation and others. The deliberations regarding the handling psychological problems were handled by Dr. Masood Maqbool from Institute of Mental Health and Neurosciences, Srinagar in his lecture on "Prevention and Precautionary Measures towards Covid 19 Pandemic in context to Psychological Disorders" on 23rd June. 2021.

### Social Science Lectures

The lecture series in Social Sciences and other branches of knowledge started on 24th June 2021 with a thought provoking and philosophical lecture by Prof. Hamidullah Marazi from Department of Religious studies, Central university of Kashmir on Imam Ghazzali (R.A). his lecture was primarily on the philosophical dimension of Imam Ghazzali (R.A) and his teachings. He deliberated on how Imam Ghazalli was instrumental in bringing about a revolutionary change in philosophical way of Islam and religious studies. On 27th June, 2021, the lecture was dedicated to Drug De-addiction Day and a special lecture was organized on "Drug Addiction and Remedies Thereof". The expert for the online lecture was Dr. Nisar Ahmad wani, Assistant Professor (Psychology) GDC (Women) Baramulla. Dr. Wani presented his views on current



scenario and rate of drug addiction in Kashmir valley and how it consumes the society. He deliberated on the ill effects of drug abuse and gave several remedies to the participants not only for drugs but also regarding mental health, right approach, social stigmatization, suicide and other grave emerging issues which the society is facing. Many participants asked questions to the expert and discussion was quite fruitful for all participants. As Covid 19 Pandemic has really hit our economic setup, so we felt that organizing a



lecture on economic setup of India needs a lot of attention and how it will go forward. The expert to deal with economic aspect of online lecture series was Prof. E Mariam (Assistant professor) Department of Economics, University of Kashmir who gave her talk on topic entitled “India's Stunted Structural Transformation: Some Insights” on 28th June, 2021. Prof. Mariam gave a thorough overview of the India's economic condition from the past to the present and how it evolved over a period of time. She apprised the participants regarding various aspects of economics' particularly Indian scenario. She deliberated on why India is facing economic issues and how they can be resolved. Her lecture was followed by an interactive question answer session. Mr. Suhail Salam, Assistant Professor (Education) GDC mattan, was an expert on 30th June, 2021 and he gave an online lecture on topic “New Education policy 2020”. Mr. Suhail in his lecture gave a brief overview of NEP 2020 and discussed it pros and cons. He focused on the positive impacts which the policy will have especially on the Higher Education setup of India. He added that if implemented in letter and spirit, this policy can be a game changer in uplifting the status of India's education sector. The last lecture of the online lecture series was delivered by Mr. Mudassir Majeed AP, Islamic Studies, GDC Thanamnadi on 3rd July, 2021. His talk was entitled “Depression: Causes and Spiritual Cure”. Mr. Mudassir informed participants about various types of depression and also managed to discuss the underlying causes of these. He added that it major cause of depression among the young generation is their urge to attain everything and failure to achieve. He added that desire leads to expectations and expectations when failed lead to depression. He gave a detailed remedies in light of spirituality for eradicating the depression in one's life and also deliberated on how one can spend a healthy and peaceful life.

All the sessions of the Online lecture series were held via zoom platform from 2:00 PM to 3:00 PM with lecture for around 55 minutes followed by 10 minute's question answer and discussion session. The lectures were coordinated by respective heads of the departments and faculty members. The conveners for the online lecture series were Prof. Ab Salam Dar (HoD education), Dr. S. M. Zuber (HoD Zoology), Mr. Basharat Hussain Bhat (HoD Economics). The organizing secretary for the online lecture series was Dr. Mifta ul Shafiq (HoD Geography) and was organized under the overall supervision and patronage of worthy principal Prof. Nighat Fatima.



### Medical Camp at Lehan-Dajan Village of Anantnag

On 29<sup>th</sup> June, 2021, NSS wing and Red Ribbon club of Government Degree College Bijbehara, in collaboration with AYUSH unit, District Hospital Bijbehara and NGO Al-Ansar Foundation, Pulwama, organised a medical camp at Village Lehan Dajan of Tehsil Pahalgam under the patronage of Worthy Principal Prof. Nighat Fatima. The health check-



up programme started at around 10:30 am at Government Middle School, Lehan Dajan along with team of doctors from AYUSH, workers from Al-Ansar Foundation, assisted by NSS volunteers of



GDC Bijbehara. The programme was supervised by Principal of the college assisted by 04 faculty members and various members of non-teaching staff. General health check-up was done for people of Lehen-Dajan in which 337 people enrolled their names for camp out of which 237 for General Health check-up and around 100 were provided with free drugs. Face masks and sanitizers were also distributed among all the visitors of the camp. Main complaints among the adult population were related to back pain and knee pain and were treated symptomatically. All adults were screened for hypertension and follow up was done for the known hypertensive patients. Patients with altered findings and poor adherence to the old treatment were referred to higher centres for further need. Female doctors of the camp along with female members of NSS and female staff of GDC Bijbehara, gave general information to women and young girls regarding menstruation and menstrual hygiene and also distributed free sanitary pads among all women attendants of the camp. Panchayat Halqa of the said village was also involved for dispensing information to the local people and the program was successfully conducted.





ریاض احمد انزلی

## کالج تراش

یہ فکر و عمل کا مرکز ہے  
یہ جوش و جنوں کا سنگم ہے  
شیخ العالم کے پروانے  
ہم اپنے غسنی اور لیل دید کے  
کلیوں کا حسن نکھرتا ہے  
یہ خلد بریں ارمانوں کا  
تذیب کی ان پروازوں پر  
ہر آہ میں اک تاثیر یہاں  
یہاں کتھا سرت ساگر جنسی  
یہاں گاہ گاہ پل پیغام سرا  
ہے غازی کا عرفان یہاں  
ہے ضیا، مصفا، ناظم کی  
یہ رفعت و عظمت کا عالم  
اس چمنستان حکمت پر  
یہ مہر و وفا کا گلشن ہے  
یہ علم و ہنر کا مسکن ہے  
تہذیب کے موتی چٹتے ہیں  
سپنوں پر سپنے بنتے ہیں  
پھولوں کی جوانی سنورتی ہے  
اور نور کی بوندیں برستی ہیں  
تحریر ہوئی تقدیر یہاں  
ہر خواب ہے خود تعبیر یہاں  
یہ منبع ہے شاہکاروں کا  
یہ وارث مست چناروں کا  
اور و دیانند کا گیان یہاں  
آگاہی کا گل دان یہاں  
تعمیر جہان نو میں مگن  
اللہ کی رحمت سایہ فگن





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